

# Submission of Evidence to Scrutiny: **Regional Area Plan Update**

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**Authors** Service Manager, Regional Partnership Team  
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**Date** 6 March 2019

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## 1 Background

- 1.1 The Social Services and Wellbeing (Wales) Act 2014 places a duty on local authorities and local health board's to prepare and publish a Regional Area Plan. The Act also established Regional Partnership Boards (RPBs) across Wales that are responsible for regional Area Plans and population needs assessments (PNAs). A full copy of the Area Plan and population needs assessment can be found at <http://www.gwentrpb.wales/home>
- 1.2 Welsh Government stipulated that area plans set out support and services in relation to 8 core themes
- children & young people;
  - older people;
  - health/physical disabilities;
  - learning disability/autism;
  - mental health;
  - carers who require support;
  - sensory impairment;
  - violence against women, domestic abuse and sexual violence
- 1.3 The Area Plan will also set out how the health board, local authorities and partners will work together to mitigate the challenges facing health and social care and also deliver other statutory responsibilities such as
- integration of health and social care and the actions partners will take in relation to the priority areas
  - details of pooled funds and budgets
  - alternative delivery models such as social enterprises
  - preventative services that will be provided or arranged
  - actions being taken in relation to the provision of information, advice and assistance services.
- 1.4 It is paramount that the Area Plan is cognisant of the Wellbeing of Future Generations (Wales) Act and wellbeing priorities established across the five Public Service Boards (PSBs). The Area Plan will adopt the principle of subsidiarity to avoid duplication between the PSBs and the Regional Partnership Board.

## 2 Current Position

- 2.1 Newport City Council previously received reports in relation to the regional population needs assessment which was published 1<sup>st</sup> April 2017, and the first Regional Area Plan published April 2018. Both documents were agreed by full council.
- 2.2 There are a number of challenges facing health and social care such as
- An ageing population and increases in the number of people living with long term conditions
  - Recruitment and retention of workforce across health and social care
  - Increasing support is required for Looked After Children across the region

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- Adverse childhood experiences have a negative impact on people's long term health and economic prospects and can be perpetuated through the generations.
- 2.3 Previous engagement with the NCC citizen panel – 231 responses (36%) – during the development of the Area Plan found that:
- 62% strongly agreed mental health support for children as a priority
  - 69% strongly agreed with dementia as a concern
  - 62% strongly agreed with flexible respite a need for carers
  - 65% strongly agreed with increased awareness of mental health
  - 65% strongly agreed with employment opportunities for people with learning disabilities
  - 62% strongly agreed with accessible transport
  - 60% strongly agreed with support for victims of domestic abuse
- 2.4 Considerable engagement work has been undertaken through strategic partnerships to establish appropriate actions, success measures and to map current work. The Area Plan, sets out the ambition and commitment of health and social care services to deliver a new integrated system of care and wellbeing, which is outcomes focused. The Area Plan will meet the requirements of the Social Services and Well-being Wales Act, and where possible, the Well-being of Future Generations Act. The RPB is required to produce an annual report and set out how the Board is implementing the Area Plan.

## 3 Area Plan progress against core themes

3.1 For the purpose of this report, a **summary** of progress against the core themes has been set out below. A more detailed annual report is required by Welsh Government on 30<sup>th</sup> June 2019 and can be shared at a future meeting

### 3.2 Children & young people

A regional Children and Families Board oversees the delivery of the Children and Young People core theme action plan and have progressed a number of key actions

- Exploring and developing regional provision for Looked After Children with a focus on reducing the number of children requiring out of county placements. An Integrated Care Fund has been used to develop a 'MYST' (My Service Team) and also to explore the purchase of building through capital funding. The service will provide intensive support to children and adolescents with significant mental and emotional health needs who engage in challenging, risk-taking behaviours, and who are at risk of being placed in out-of-area residential care because of this.
- Attachment Training for practitioners to support better outcomes for children and young people who have experienced early adversity and trauma has been provided across the region to over 30 teams including 5 Pupils Referral Units, 17 Social Services teams and 4 Health Teams, and in excess of 500 people
- Gwent Police are coordinating a multi-agency action plan to reduce the impact of Adverse Childhood Experiences (ACEs) which includes training, developing provision in schools and closer working between Police Officers and front line services. By July 2019, the Early Action Together Programme will have trained 1295 police officers and staff and 550 staff from partner agencies across the region. Newport is a pathfinder area which includes closer working with Newport schools and to identify opportunities

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for system/service redesign, that provides a person centred integrated response for safeguarding, support and intervention at the earliest point.

- Further funding through Welsh Government **Transformation Fund** has also been secured to develop greater emotional wellbeing support across the region, by moving practitioners with expertise and knowledge closer to front line services, with an aim to reduce unnecessary waiting lists.

### 3.3 Older people

A regional Gwent and Adult Strategic Partnership oversees the delivery of the Older People core theme action plan and have progressed a number of key actions. A considerable number of services have been commissioned through Integrated Care Funding also. Progress has been made by:

- Development of Dementia Friendly Communities and provision of support services through a regional Dementia Board with over 20,000 people receiving awareness raising. The Dementia Board has also developed new support services such as flexible respite, post diagnosis and peer to peer provision
- Coordination of the Gwent Frailty Service: an integrated model to frail people under a Section 33 partnership agreement between the Health Board and the five local authorities, and supported with a total budget of £16,719,071 for 2018/19
- Part 9 of the Social Services and Wellbeing Act (Care home accommodation functions) places a duty on the RPB to establish an integrated commissioning/pooled fund arrangement for care homes for older people, and this work is at a stage of final sign off
- Working with domiciliary care providers to develop sustainable and flexible solutions to commissioning
- Development of a new 'Care Academy' with Coleg Gwent to improve recruitment and staff retention across health and social care, including a new story book for schools
- An intergenerational strategy with regional partners to link young people and older people together with a focus to reduce loneliness
- **Transformation funding** from Welsh Government to develop: new models of prevention and wellbeing service for primary and community care, including Integrated Wellbeing Networks and Care Navigation; a new pan Gwent 'Home First' discharge services in hospitals; and a programme to create a Gwent 'Wellbeing workforce'.

### 3.4 Health/Physical Disabilities

The wider detriments to physical health and how citizens can improve their wellbeing is a priority featured in Public Service Board's Wellbeing Plans; and addresses population level health issues such as obesity, heart disease and cancer. Public Health Wales lead on a number of programmes and further details can be found in local Wellbeing Plans.

In relation to physical disabilities the RPB and Children and Families Board have supported the development of a new Integrated Service for Children with Additional Needs (ISCAN) with an aim to provide a single point of access for children and young people aged 0-18 years of age who are displaying development concerns including ASD or ADHD. The multi-agency ISCAN team work within a shared vision, focusing on a holistic approach towards problem solving and providing improved access to services with an integrated assessment process. Families have always told us that they want more joined up, less

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fragmented services and this is what ISCAN is aiming to provide through effective communication and information sharing across agencies, including local authority social care and education departments.

## 3.5 Learning Disability & Autism

A regional Mental Health and Learning Disabilities Strategic Partnership oversees the delivery of the Learning and Disability core theme action plan and have progressed a number of key actions and developed a new regional Learning Disabilities strategy

- My Mates - which enables individuals with a learning disability to make friends, go on social outings and develop relationships.
- Supported Employment Project - Growing Space is working in partnership with ABUHB and the 5 local authorities to develop employment opportunities within these organisations for individuals with a learning disability. This will include work trials, volunteering opportunities and meaningful employment.
- In One Place - a partnership between the ABUHB, the 5 local authorities and 8 Housing Associations. Housing schemes have been developed via In One Place to enable individuals with a learning to live independently in their own home.
- Support Plus - The Support Plus service was set up to ensure that individuals with a learning disability had access to a service to support their mental well-being.

3.7 A new regional Integrated Autism Service (IAS) has been developed between Health and Social Care to provide diagnostic assessment for autistic adults and support and advice for children and adults who support them. Progress has been set out below:

- Initial reduction in adult diagnostic waiting times from 14 months to 9 months
- Increase in awareness of the service as referral rates increased
- 294 support referrals received, 255 adult support referrals and 39 referrals for parents of autistic children (11% are self-referrals, 52% internal, 3% from GPs)
- 1:1 support to 118 individuals/families
- Since Jan 18, 11 Post diagnostic courses for autistic adults, 3 Education Patient Programs, 1 Safe project and 1 Post Diagnostic Course for Parents & Carers – in all 132 attendees
- Since Jan 18, 272 people have attended a fortnightly drop in sessions across the Gwent region

## 3.8 Mental Health

A regional Mental Health and Learning Disabilities Strategic Partnership oversees the delivery of the Mental Health core theme action plan and have progressed a number of key actions.

- The Primary Care Mental health Support Service (PCMHSS) has two Welsh Government targets: 80% of accepted referrals to the service must be seen for an initial assessment within 28 days and; 80% of patients assessed by the service as requiring therapy must receive their first therapy session within 28 days from when they were assessed. The targets have been consistently met and 90% of service users in Aneurin Bevan University Health Board have a valid Care and Treatment Plan in place. Progress
- In conjunction with colleagues in Gwent Police there are now mental health professionals based within Gwent Police's control room which allows front line officers

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to talk to a mental health professional when they are dealing with an individual they believe is experiencing a mental health crisis.

- A 6 month pilot has commenced in the GP Out of Hours contact centre where a mental health clinician is based there at peak times. The clinician can offer advice and signposting over the phone which will improve patient experience and flow.
- Services have increased in the community such as the Behavioural Support Team which is now in all five boroughs and the Rapid Assessment, Interface and Discharge (RAID) service now has Health Care Support Workers working alongside them to provide assistance to general ward staff in managing patients demonstrating distress and modelling approaches to reduce conflict/distress.
- ABUHB has received £1,339,000 per annum on a recurring basis from Welsh Government's Mental Health **Transformation Fund** and a number of new services and models are being developed including Whole Person Whole System Crisis Support Transformation, alternative model for eating disorders and co-occurring substance misuse issues, and a new community support model is being developed in collaboration with the third sector, wrapped around the needs of individuals to facilitate earlier local discharge back from out of area placements

## 3.9 Carers who require support

A regional Carers Board oversees the delivery of the Carers core theme action plan and have progressed a number of key actions. Welsh Government have also secured £1million funding across Wales with £191,000 in Gwent to support greater carer's awareness with GPs and support to carers with hospital discharge. Welsh Government have also identified 3 national priorities: supporting life alongside caring, recognition of carers and providing information and advice. A summary of key outcomes are set out below

- Continuation of a small grant scheme for carers to have a reasonable break from their caring role: 114 recipients during 2017/18 and extended to include Young Carers during 2018/19
- Young Carers in Schools Programme (YCiSA) - 13 schools involved and 62% reporting increased identification of young carers
- Increased carer identification through events, working with GP's to help raise awareness of carer support and working with schools via an all Gwent young carers policy
- A new flexible respite service is also being piloted with 6 third sector partners to ensure responsive support to carers of people living with dementia
- Improving information and advice to carers including Dewis website which continues to increase in usage, Carers Week, Carers Rights Day, Carers GP kite mark being considered to ensure information is available through GPs, Advocacy for carers through joint commissioning across the region and John's campaign in hospitals, helping carers of people living with dementia.

## 4 **Integrated Care Funding**

4.1 The Integrated Care Fund is provided by Welsh Government as an enabler to delivering on the Social Services and Wellbeing Act and the more recent A Healthier Wales Strategy.

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The fund was established at the Intermediate Care Fund in 2014 with an initial focus on increasing care co-ordination and rapid response schemes.

4.2 The fund was rebranded as the Integrated Care Fund (ICF) in 2017-18 and aims to drive and enable integrated working between social services, health, housing, third and independent sectors. From 2018-19 the fund has been provided via three funding streams; ICF Revenue, ICF Dementia and ICF Capital.

4.3 The revenue funding allocation to the Gwent Regional Partnership Board has grown significantly since its inception, increasing from circa £3million in the first year to circa £14million revenue for the 2019-20 financial year. The following groups, as identified in Statutory Guidance as priority areas of integration, remain the same in the revised ICF Guidance:

- Older people with complex needs and long term conditions, including dementia;
- People with learning disabilities;
- Children with complex needs; and
- Carers, including young carers

4.4 Funding is provided to address these priority areas, with the refreshed guidance for the period 2019-20 to 2020-21 providing specific objectives to the use of the funding, detailed in Appendix 2 of this report. The allocation of funding to the priority groups is as follows:

Priority Area	2019-20 Allocation
<b>ICF Revenue</b>	
Older people with complex needs and long term conditions, including dementia	£7.162m
People with learning disabilities, children with complex needs and carers	£3.826m
Early intervention and support to children and their families	£2.870m
<b>ICF Dementia</b>	
Dementia	£1.611m

4.5 There are also two ring fenced elements to the revenue funding included for the Integrated Autism Services (£458,000) and WCCIS implementation. WCCIS implementation has, over the last 2 financial years, received £252,000 in revenue funding. During 2018-19 the WCCIS partnership programme board supported the use of this allocation to provide a regional resource team. For the new financial years an indicative allocation has not been provided for WCCIS as Welsh Government are requesting proposals for scrutiny prior to confirming allocations.

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4.6 ICF capital funding has been available previously at circa £1million per annum. During July 2018 Welsh Government introduced a refreshed ICF capital programme that subsumes the previous health and housing fund. This has provided a significant growth within the fund which, for the 3 year investment plan period (2018-19 to 2020-21), provides £19.4million to the Regional Partnership and is allocated as follows:

	Gwent Capital Allocation	MCP		DCP	
		<i>(minimum amount for Main Capital Schemes)</i>		<i>(maximum amount for Discretionary Capital Schemes)</i>	
2018-19	£5,558,000	75%	£4,168,500.00	25%	£1,389,500.00
2019-20	£6,484,000	80%	£5,187,200.00	20%	£1,296,800.00
2020-21	£7,410,000	85%	£6,298,500.00	15%	£1,111,500.00

4.7 As illustrated above the programme is separated into a Main Capital Programme (MCP) and a Discretionary Capital Programme (DCP)

Projects supported by the Main Capital Programme may include the provision of:

- accommodation-led solutions to health and social care;
- integrated facilities (such as a regional “hub” approach to an ICF led service provision) – both re-modelling and new provision;
- capital projects which support new and innovative integration of health, social care and/or housing;
- larger scale building re-modelling or adaptation (not supported by existing mainstream programmes); or
- expenditure to evidence or explore the feasibility of larger capital investment.

The Discretionary Capital Programme will be available for the following purposes:

- aids and adaptations which are not supported by existing programmes and are in support of specific ICF objectives away from mainstream requirements (e.g. an enhanced Rapid Response need);
- equipment projects which support people to live independently in their own home and may reduce hospital admissions or speed up hospital discharge; and
- other smaller scale projects in support of ICF objectives (e.g. community or third sector led)

4.8 The ICF portfolio is governed by the Gwent Regional Partnership, with its substructures of the Regional Leadership Group and Strategic Partnerships have operational oversight of the initiatives. The ICF priority areas and associated programmes of work are aligned to the respective Strategic Partnerships as described earlier in this report. The strategic partnerships consider the evaluation of existing initiatives and the alignment, deliverability and value for money of any new initiatives.

4.9 Opportunities to access Integrated Care Funding are promoted throughout our partnership structures to ensure equity of access and supports the requirement of Welsh Government to provide 20% of ICF revenue allocation to the third sector.

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- 4.10 Analysis is currently underway to refresh the known third sector allocation, which at present is circa 10%. It is recognised however, where statutory organisations are in receipt of ICF funding there may be onward commissioning to third sectors to enable a larger initiative to deliver. Breakdown of financial expenditure is requested for end of year reporting to enable a more accurate assessment of the third sector allocation.
- 4.11 The exercise to understand financial distribution will also enable an analysis of where funding is aligned across the region, for both planned and historic investments.

## **5 Regional Partnership Boards (RPBs) and monitoring the Area Plans**

- 5.1 As well as developing and monitoring Area Plans, regional partnership boards have prescribed priority areas for integration of services required under Part 9 of SSWB Act including: older people with complex needs; people with learning disability; carers; Integrated Family Support Services and children with complex needs. Therefore Area Plans will also need to set out how services support these integration priority areas.
- 5.2 This statutory guidance re-confirms expected regional partnership board arrangements and high level requirements '*to ensure that all partners work together effectively to improve outcomes for people in their region*' and '*to ensure that services and resources are used in the most effective and efficient way*'.
- 5.3 The Gwent RPB is required to produce an annual report for Welsh Government by June 2019 and will include an update against the Area Plan. The annual report will include more detailed information and performance data; and can be presented to this scrutiny meeting in the future.

## **6 Links to other planning frameworks**

- 6.1 Wellbeing of Future Generations (Wales) Act 2015: Welsh Government guidance clarifies that whilst public service boards (PSB) wellbeing plans should cover how they intend to improve '*the economic, social, environmental and cultural well-being of its area*', joint Area Plans should focus on actions being taken in response to '*the care and support needs identified in the combined population assessment*' – and these should complement objectives for improving the wellbeing of the area within local wellbeing plans. In other words each should take account of the other to ensure did not cut across or unnecessarily duplicate.
- 6.2 Work is already underway to develop common working between the RPB and PSB's to demonstrate the alignment between the two sets of plans. Both Acts share similar principles in terms of prevention, integration, collaboration and involvement; and both focus on long term sustainability but in slightly different areas. In terms of the Wellbeing Goals, the Area Plan aligns to: a resilient Wales, a healthier Wales, and a Wales of cohesive communities
- 6.3 The Regional Area Plan provides an opportunity to develop a shared purpose across health and social care, and agreed direction of travel towards integrated planning from which to develop new models of care and support across Gwent. It will describe the activity

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required in partnership to deliver improved services; and will reflect the ABUHB Clinical Futures Transformation programme, as well as local authority plans including Newport City Council's Corporate Plan 2017/22 'Building a Better Newport'.

## **7 Conclusion and Next Steps**

- 7.1 This report provides an update on progress of the 5 local authorities, health board and third sector in delivering the first regional Area Plan. Members are asked to provide comments and identify how further support can be provided to the delivery of the Area Plan. Comments received will help shape the RPB annual report set out in 5.3

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## **Appendix 1: Dementia Friendly City Newport**

In June 2015 Newport City was accredited as 'working towards Dementia Friendly City' by Alzheimer's Society. There is also a regional Dementia Board chaired by the Director of Nursing, which brings partners together to deliver Welsh Government's strategic Dementia Action Plan. At a local level a Dementia Friendly City (DFC) group, chaired by the elected member lead for Social Services, has met regularly; and DFC is priority within the NCC Corporate Plan, with regular reports to Newport Resilient Communities Group under the PSB. Set out below are key outcomes that have been achieved as part of the delivery of the Area Plan

- Alzheimer's Society's Dementia Friends awareness sessions set out the 5 key messages about dementia and what life is like for people living with dementia. Since 2015, **302 sessions** have been organised across the city and over **5000 practitioners** and citizens have become Dementia Friends. Nearly **50 partners** have also received train the trainer training to become Dementia Champions.
- Over 20 organisations have received the DFC kite mark and many more are working towards achieving the logo. Some of the businesses include Monmouthshire Building Society, Newport County Football Club and Dragons Rugby as well as NCC and housing associations to name a few.
- Intergenerational links between older people and local pupils have been established with over **10 schools** receiving Dementia Friends awareness sessions and 3 receiving the DFC logo as well as Coleg Gwent.
- The Dementia Board with Alzheimer's Society have developed a Dementia Support Worker service for people diagnosed with dementia, so that they can receive accurate advice and support during the first year of diagnosis
- Access to information and advice has been improved through a dementia roadmap website <https://wales.dementiaroadmap.info/newport/#.XIJ4t8tLHIU> and national wellbeing website [www.dewis.wales/](http://www.dewis.wales/)
- A new 'Step Inside' training programme has been delivered through Integrated Care Funding.
- Development of new bespoke services have also been developed including 'In my shoes' which links people living with dementia to people recently diagnosed to help them prepare for life living with a diagnosis.

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## Appendix 2: ICF Funding Objectives 2019-20 and 2020-21

<b>Older People</b>	<ul style="list-style-type: none"><li>Support adults to maintain independence and remain at home</li><li>Focus on Delayed Transfers of Care, supporting safe and timely discharge</li><li>Prevent people from becoming lonely and socially isolated</li></ul>
<b>People with a Learning Disability</b>	<p>ICF should be used to support the National Learning Disability Improving Lives Programme (published June 2018), from which there are three priority areas:</p> <ul style="list-style-type: none"><li>Reduction of health inequalities</li><li>Increasing community integration</li><li>Improving planning and funding systems</li></ul>
<b>Children with Complex Needs</b>	<p>Increased level of support due to disability or illness should be made from within the wider combined funding stream (People with a learning disability, children with complex needs and carers).</p>
<b>Carers</b>	<p>Welsh Government expect and increased investment to bolster progress on delivering the 3 national priorities for carers, and should be used to provide direct support for carers, including opportunities for respite and promoting carers own wellbeing.</p>
<b>Early Intervention and Support to Children and their families</b>	<ul style="list-style-type: none"><li>Safely prevent/reduce the need for children to enter care</li><li>Initiatives should include a focus on family re-unification</li><li>Provide therapeutic support for children in care or who have been adopted, thereby reducing the need for more intensive forms of support.</li></ul>
<b>Dementia</b>	<p>Continue to support the implementation of the All Wales Dementia Action Plan; the main themes of this plan include enabling people living with dementia to maintain their independence, in keeping with the focus of ICF. Proposals will be considered against the following outcomes:</p> <ul style="list-style-type: none"><li>Individuals will understand the steps they can take to reduce their risk, or delay the onset, of dementia</li><li>The wider population understands the challenges faced by people living with dementia and are aware of the actions they can take to support them.</li></ul>

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	<ul style="list-style-type: none"><li>▪ People are aware of the early signs of dementia, the importance of a timely diagnosis, and know where to go to get help.</li><li>▪ More people are diagnosed early, enabling them to plan for the future and access early support and care if needed.</li><li>▪ Those diagnosed with dementia and their carers and families are able to received person-centred care and support which is flexible.</li><li>▪ Research is support to help us better understand the causes and management of dementia and enables people living with dementia, including families and carers, to be co-researchers.</li><li>▪ Staff have the skills to help them identify people with dementia and to feel confident and competent in supporting individual's needs post-diagnosis.</li></ul>
<b>WCCIS</b>	Business case submissions will be required to be submitted to Welsh Government for consideration. Each regions business case will be considered on its own merit. It is expected that regions should be approaching benefits realisation stage of the programme.
<b>Integrated Autism Service</b>	Funding continues to be ring fenced for this service, for the two year period. An independent evaluation is due to be completed this year to inform the service provision from 2021 onwards.